

Aberdeen Grammar Rugby



Job Description

Job title:	Assistant Rugby Coach
Location:	Aberdeen

Job purpose:

The primary purpose of the Assistant Rugby Coach will be to support the Head of Rugby in the planning, coordination and delivery of the Club performance programme to include:

- achievement of SRU partnership agreed performance indicators
- assisting with the development of players through the 2nd Team
- the setting of coaching and playing philosophy
- facilitating a player centred culture and environment both on and off the field
- player communication and individual feedback
- recruitment activities

Special conditions:

The position will require working flexible hours in line with players training schedules, this will include early morning, evening and weekends

Main duties and responsibilities:

1.	Support the Head Coach to select and prepare the 2XV for matches and training sessions
2.	Planning and preparation of training sessions and activities as per Head Coach's instruction
3.	Deliver effective and progressive training sessions throughout the programme
4.	Organise and plan sessions to ensure all players maximise their individual performance within a team environment
5.	Ensure all players get an equal opportunity to participate in all club/team activities
6.	Provide feedback to players
7.	Educating players in the ethos and values of Aberdeen Rugby
8.	Commitment to programme of CPD
9.	Highlight any problems or potential difficulties and identify and implement positive solutions
10.	Ensure agreed game principles allow all players the opportunity to promote themselves and develop skill sets

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Person Specification

Experience: Demonstrated experience coaching rugby preferred. Demonstrated effective organisational and communication skills essential. Ability and willingness to work on evenings and weekends is essential. Ability to work well with individuals with a wide variety of ethnicities, nationalities and backgrounds is essential.

Skills: Must be able to physically accomplish all aspects of conducting rugby training sessions

Knowledge: Must have an understanding of the developmental level and needs of players. Must have advanced knowledge of the laws, techniques and strategies of the game of rugby.

Abilities: Should be able to demonstrate excellent supervision and guidance skills. Must be able to effectively communicate and coordinate many areas within the scope of the job at the same time. Must be able to work extended hours and remain effective in decision-making and organisation. Must be flexible in dealing with coaches, players and external parties.

Other Requirements: Travelling will be necessary for away games. This may include travel by car, bus or air.